

## MESP 2015 Calendar

Date	Time	Event	Format	Venue
<b>MESP 2015 Main Events - Saturday 7 March - Sunday 29 March 2015</b>				
7/3	10am	Wellbeing and Resilience	Workshop	Augustine Church
8/3	3.30pm	Celebrating Your Story	Workshop	Augustine Church
8/3	6.30pm	In Connection - Share, Connect, Create	Workshop	Augustine Church
14/3	10am	A Sufi Perspective on Loving One's Enemies	Workshop	Augustine Church
14/3	6.30pm	Kirtan: Chant for Peace	Kirtan	Augustine Church
15/3	9.30am	Mindful Peace Walk	Walking Meditation	Royal Botanic Garden Edinburgh
15/3	3.30pm	Peace Policy for the Middle East	Workshop	Augustine Church
21/3	10am	Spiritual Dance and Movement	Workshop	Augustine Church
21/3	6pm	Invitation to the Cosmic Dance - Biodanza	Workshop	Augustine Church
22/3	3.30pm	Wisdom of Yeshua	Workshop	Augustine Church
25/3	6pm	Mystical Approaches to Spiritual Healing	Workshop	Augustine Church
28/3	10am	Universal Heart Song	Workshop	Augustine Church
29/3	3.30pm	Celebrating Your Story	Workshop	Augustine Church
29/3	6.30pm	Emotional Intelligence	Workshop	Augustine Church
<b>MESP 2015 Partner Events - Friday 20 February - Friday 20 March 2015</b>				
20/2	8pm	Nitekirk	Sacred Space	Augustine Church
20/3	8pm	Nitekirk	Sacred Space	St Columbas by the Castle
<b>MESP 2015 Exhibition - Saturday 7 March - Monday 30 March 2015</b>				
7/3-30/3	11am	Artist as a Seer in the Quantum Age	Exhibition	Summerhall
7/3	7pm	Opening Concert	Concert	Summerhall
<b>MESP 2015 Future Events</b>				
Organised by, or jointly by, the Edinburgh International Centre for Spirituality and Peace, EICSP, Scottish Charity, SC038996				
15/2	3pm	Glasgow Six Hour Winter Kirtan	Chanting/Food	Queen Margaret Union
18/4	10am	Alexander Technique for Meditators	Workshop	Gillis Centre
19/4	10am	Body and Land as Spiritual Teaching	Workshop	Gillis Centre

2015 Middle East Festival: [www.mesp.org.uk](http://www.mesp.org.uk) 0131 331 4469, [mesp2015@hotmail.com](mailto:mesp2015@hotmail.com)

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Date	Time	Event	Format	Venue
25-26/4	10am	Therapeutic Retreat of Mindful Engagement with Nature	Workshop	Gillis Centre
2-3/5	10am	Taoist Way of Nourishing Life and Nurturing Spirit	Retreat	Gillis Centre
8-9/5	7pm	Simone Weil	Talk/Forum & Conference	Augustine Church
23-24/5	10am	Mindfulness - the nuts and bolts	Retreat	Gillis Centre
20/6	1pm	Edinburgh Eight Hour Summer Kirtan	Chanting/Food	Augustine Church
26-28/6	10am	Find Your Voice, Transform Your Life	Retreat	Gillis Centre
26/6	7.30pm	Concert with Chloe Goodchild	Concert	Augustine Church
11-12/7	10am	Transformation through Meditation/Satsang and Movement	Retreat	Gillis Centre
12/9	10.30am	Breaking the Chains of Ecocide	Workshop	Augustine Church
12/9	7pm	Evening with Polly Higgins	Talk	Augustine Church
19-20/9	10am	Taking Care of Ourselves as an Act of Love for Others	Retreat	Gillis Centre
26-27/9	10am	Heart of Creativity: Mindfulness and the Arts	Retreat	Gillis Centre
3/10	6pm	Dances of Universal Peace	Workshop	Augustine Church
10/10	1pm	Edinburgh Eight Hour Autumn Kirtan	Chanting/Food	Augustine Church
16/10	7pm	The Quest for an Ethical and Compassionate Compass	Talk/Forum	Augustine Church
17-18/10	10am	Mindfulness - Creative Embodiment	Retreat	Gillis Centre
23/10	6pm	Sri Aurobindo and Swami Vivekananda	Film Screening	Edinburgh University
24/10	10am & 7pm	Sri Aurobindo and Swami Vivekananda	Conference	Augustine Church
31/10	10am	A Sufi Perspective on Healing - Ourselves, Others and the Planet	Workshop	Augustine Church
4/11	7pm	Evening with Alastair McIntosh	Talk	Augustine Church
7/11	2pm	Afternoon Workshop with Satish Kumar	Workshop	Augustine Church
7/11	7pm	Evening with Satish Kumar	Talk	Augustine Church
14/11	10am & 7pm	Spiritualities and the Sacredness of the Divine Feminine	Conference	Augustine Church
21-22/11	10am	Mindful Way to Your Heart	Retreat	Gillis Centre
28-29/11	10.30am	Sufi Meditation and Zikr	Workshop and Zikr	The Old Kirk, Kirkcaldy
5/12	10am	Spirituality, Ecology and Consciousness	Conference	Augustine Church
12/12	10am	The Spirit of Place	Day Retreat & Workshop	Augustine Church
12/12	6.30pm	Evening with Lesley Riddoch	Talk	Augustine Church

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