

THE EDINBURGH INTERNATIONAL CENTRE FOR SPIRITUALITY and PEACE

2020 Events

7/3 - 29/3 2020 Main Events
8/1 - 31/12 2020 EICSP Events

EICSP

Edinburgh International Centre
for Spirituality and Peace



EICSP, Scottish Charity, SC038996

Events Schedule

The 2020 Edinburgh International Centre for Spirituality and Peace, EICSP, Scottish Charity, SC038996

MESP 2020 Main Events: Saturday 7 March - Sunday 29 March 2020

DATE	START TIME	EVENT	FORMAT	VENUE
7/3	10am	Rooting Ourselves Through Sound	Workshop	Augustine Church
14/3	10am	Exploring the Practices of The Realization Process	Workshop	Augustine Church
15/3	3.30pm	Spiritual Dance and Movement	Workshop	Augustine Church
20/3	6pm	The Beatitudes in Aramaic	Workshop	Augustine Church
21/3	10am	The Beatitudes in Aramaic	Workshop	Augustine Church
21/3	4.45pm	The Beatitudes in Aramaic	Workshop	Augustine Church
22/3	10am	16th Annual Mindful Peace Walk	Walk	Royal Botanic Garden Edinburgh
22/3	4pm	Bringing Stories to Life	Workshop	Augustine Church
22/3	6.30pm	Vedic Mantra Chanting and Kirtan	Workshop	Augustine Church
28/3	10am	The Spiritual Essence of the Enneagram	Workshop	Augustine Church
29/3	4pm	Biodanza and Community - Return to Innocence: Blessings of Life through Dance	Workshop	Augustine Church

EICSP 2020 Events: Wednesday 8 January - Thursday 31 December 2020

Organised by, or jointly by, the Edinburgh International Centre for Spirituality and Peace, EICSP, Scottish Charity, SC038996

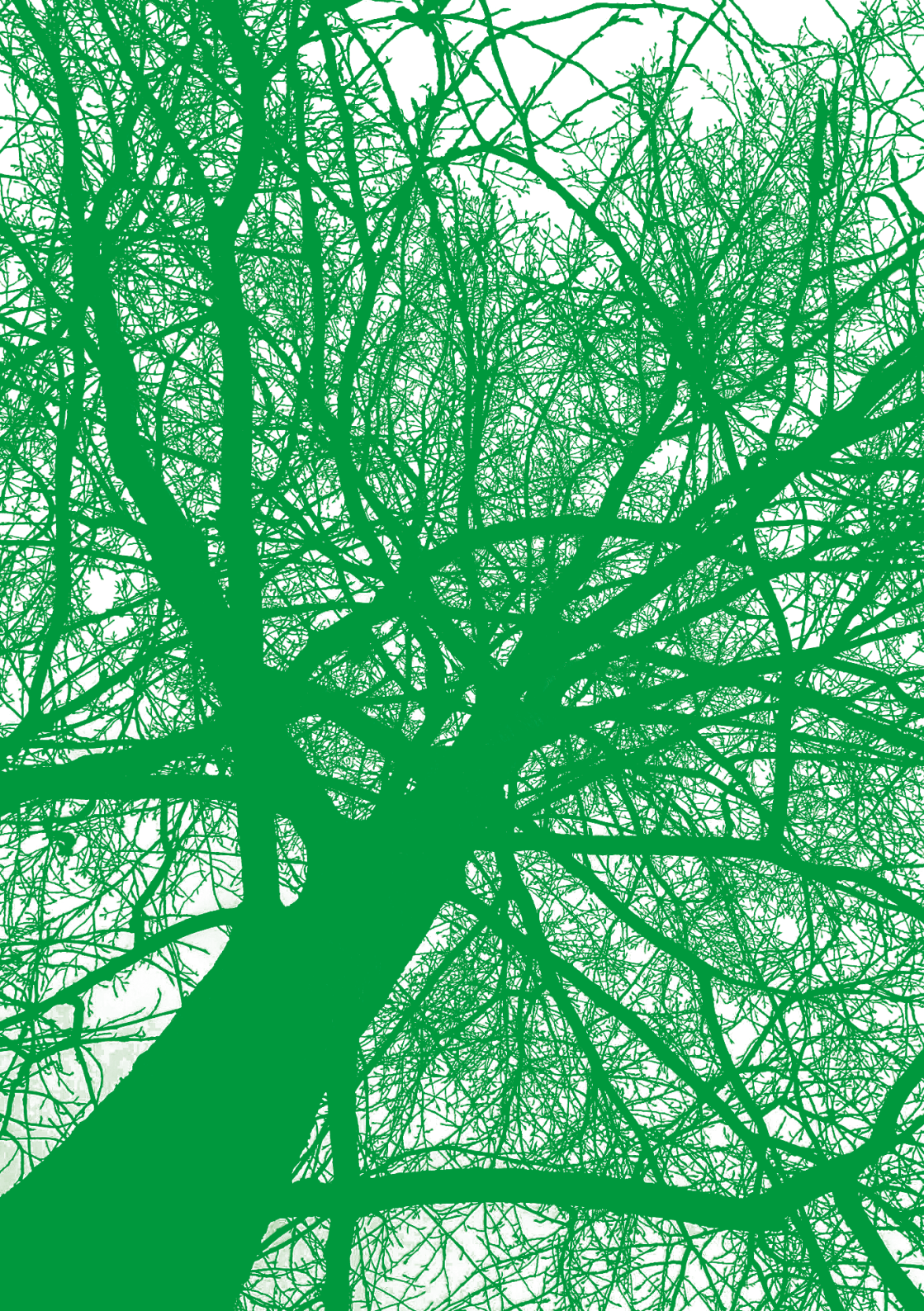
DATE	START TIME	EVENT	FORMAT	VENUE
Check dates on EICSP website	6.30pm	Gatherings at Phyllida's Home	Gathering	Phyllida's Home, 13A Inverleith Place Lane, Edinburgh
8/1 and weekly	6.30pm	Living Peace: Peace in Myself, Peace with Others	Workshop Series	Salisbury Centre
25/1	2pm	Living Peace	Workshop Series	The Yoga Tree, Stirling
1/2	10am	Dances of Universal Peace	Workshop	Augustine Church
15/2	6pm	St Valentine's Mantra Party	Kirtan	OM sweet OM, Glasgow
22-23/2	10am	A Nonviolent Communication Foundation Training Course	Retreat	Salisbury Centre
22/2	2pm	Living Peace	Workshop Series	The Yoga Tree, Stirling
29/2	12.30pm	The Dark Side of Meditation	Symposium and Roundtable	University of Edinburgh
20-22/3	6.30pm	The Light of the Soul	Retreat	Allanton Sanctuary
28/3	2pm	Living Peace	Workshop Series	The Yoga Tree, Stirling
5/4	4pm	Rivers of Grief: Experiential Gathering - Journeying into the Heart of Grief	Workshop	Augustine Church
18/4	10am	Place, Place-making, and Place-makers: Spiritual, Cultural, Physical, Functional, and Integral Perspectives	Conference	Augustine Church
23-26/4	6.30pm	The Dance of Life: Meeting Our Selves on the Path	Retreat	Allanton Sanctuary
25-26/4	10am	Uncovering the Essence: A Journey of Spiritual Awakening	Retreat	Salisbury Centre
2/5	12.15pm	A Labyrinth Peace Walk	Walk	Polwarth Parish Church
3/5	4pm	Human Design	Workshop	Augustine Church

DATE	START TIME	EVENT	FORMAT	VENUE
9/5	10am	Re-Purposing Our Built Environment and Our Inner Environment: Spirituality at Work in Renovation, Renewal, and Rehabilitation	Conference	Augustine Church
13/5	6pm	Dances of Universal Peace	Workshop Series	Augustine Church
16-17/5	10am	Welcoming my Ego or Earthmind into the Warm Holding of my Heart	Retreat	Salisbury Centre
20/5	7pm	Spirituality and Nuclear Weapons: The Spiritual, Ethical, Legal, Political, and Practical Response to Humanity's Greatest Threat	Talk/Forum	Augustine Church
23/5	10am	Wellbeing: Spiritual, Emotional, Psychological, Social, Political, Physical, and Medical Perspectives: Beyond Happiness, en route to Well-becoming	Conference	Augustine Church
30/5	11am	Edinburgh 8 Hour Maha Mantra Kirtan	Kirtan	St Columba's by the Castle
10/6	7pm	Domestic Abuse and Gender-based Violence: Spiritual, Social, and Policy Perspectives	Talk/Forum	Augustine Church
14/6	12 noon	Mindful Peace Walk	Walk	Lauriston Castle
17/6	7pm	An Evening with Alastair McIntosh	Talk	Augustine Church
18/6	7pm	An Evening with Prof Sophie Grace Chappell	Talk	Augustine Church
21/6	2pm	22nd International World Peace Festival	Festival	Allanton Sanctuary
24/6	6pm	Dances of Universal Peace	Workshop Series	Augustine Church

DATE	START TIME	EVENT	FORMAT	VENUE
27/6	2pm	Bringing Justice to the Food Systems of the Future with Satish Kumar	Workshop	Augustine Church
27/6	6.45pm	An Evening with Satish Kumar: What Works and What Doesn't Work: Resources for Living in a Time of Ecological Crisis	Talk	Augustine Church
9/9	6pm	Dances of Universal Peace	Workshop Series	Augustine Church
10/9	6.30pm	Mystics Meet	Discussion	Augustine Church
13/9	10am	Saving the Planet begins Here	Workshop	Salisbury Centre
16/9	7pm	The Climate, Animal, and Ecological Emergency: Individual Commitments and System Change: Perspectives from Spirituality, Food and Food Production, and Fossil Fuels	Talk/Forum	Augustine Church
20/9	4pm	Gutha: Celtic Mantras	Workshop	Augustine Church
26/9	10am	The Alexander Technique	Workshop	Salisbury Centre
30/9	6pm	Dances of Universal Peace	Workshop Series	Augustine Church
4/10	4pm	Changing States: Developing Artful Ecological Practice for Well Being and Resilience	Workshop	Augustine Church
8/10	7pm	Transforming Masculinities: Towards Healthy Masculinities for Personal, Relational, and Societal Health and Wellbeing	Talk/Forum	Augustine Church

DATE	START TIME	EVENT	FORMAT	VENUE
10/10	10am	Community in the Twenty-first Century - Our Common Ground, Our Rekindling Spirit, Our Collective World: Towards Communities of Well-being and Well-becoming - Personal, Inter-personal, and Trans-personal	Conference	Augustine Church
11/10	12 noon	Mindful Peace Walk	Walk	Saughton Park Gardens
17-18/10	10am	Sacred Family Constellations and Celtic Healing of the Family Tree	Retreat	Salisbury Centre
24/10	10am	Ecological Grief, Hope, and Transitioning Towards an Ecological Civilization: Spiritual, Ethical, Social, and Political Responses to Climate and Ecological Emergency, Environmental Degradation, and Species Extinction	Conference	Augustine Church
25/10	10am	The Way of Embodied Imagination	Workshop	Salisbury Centre
31/10	10am	Spiritualities: Person-centric, Community-centric, Earth-centric, and Cosmo-centric Spiritualities	Conference	Augustine Church
5/11	7pm	Towards a Wellbeing Economy	Talk/Forum	Augustine Church
7-8/11	10am	The Inner Quest: Exploring the Sacred Dimensions of Body, Energy, Intention, and Bliss	Retreat	Salisbury Centre
12/11	7pm	The Spiritual and Ethical Challenge of AI, Trans-Humanism, and the Post-Human World	Talk/Forum	Augustine Church
19/11	7pm	Religious, Spiritual, and Cultural Appropriation: Where do we draw the line?	Talk/Forum	Augustine Church

DATE	START TIME	EVENT	FORMAT	VENUE
21/11	10am	<p>Landscapes of the Imagination, Mindscales of the Imagined Nation: The theme is illustrated by reference to a range of writers, poet-philosophers, and inter-spiritual artists and creatives, such as Johannes Bobrowski, Mandy Haggith, Kathleen Jamie, John Moriarty, Robin Robertson, and Maria Simmons-Gooding</p>	Conference	Augustine Church
22/11	10am	<p>Rebirthing into Love - Healing Gongs and Kundalini Yoga</p> <p>Love into Action: Towards a Culture and a Politics of Love, Compassion, Dignity, and Respect - Loving, Compassionate, Dignified, and Respectful Individuals, Relations, Communities, Cities, and Nations - With reference to the United Nations Sustainable Development Goals and the Scottish National Performance Framework</p>	Workshop	Salisbury Centre
28/11	10am	<p>Celtic Song of Dying</p> <p>Intergenerational Leadership: Planting Seeds, Harvesting Community - Honouring the Ancestors, Nurturing the Present, Seeding the Future</p>	Conference	Augustine Church
29/11	4pm		Play and Workshop	Augustine Church
5/12	10am		Conference	Augustine Church
12/12	10am	<p>Trauma: The Psycho-Spiritual Understanding and Transformation of Trauma: Healing our Individual and Collective Trauma and Restoring our Souls</p>	Conference	Augustine Church
19-20/12	10am	<p>The Prodigal Son Coming Home to Himself: How men squander their emotions for social success</p>	Retreat	Phyllida's Home, 13A Inverleith Place Lane, Edinburgh
31/12	7pm	Edinburgh Hogmanay Kirtan Celebration	Kirtan	Old Saint Paul's Episcopal Church Hall



The 2020 Edinburgh International Centre for Spirituality and Peace, EICSP, Scottish Charity, SC038996, Events Schedule

- **EICSP Event Booking:**

Online: www.eicsp.org
Phone: +44 (0) 131 331 4469
Email: mesp2020@hotmail.com
E-List: eicsp.org/newsletters/eicsp-newsletter/

- **EICSP Website: www.eicsp.org**

Check the EICSP website for any updates and changes to the advertised programme, for more detailed background information, for downloading workshop registration forms as well as the EICSP Brochure and Poster, for online booking, and for the EICSP email list sign up.

- **EICSP Trustees:**

Neil Douglas-Klotz
Alice Fateah Saunders
Neill Walker

- **EICSP Contact Information:**

Edinburgh International Centre for Spirituality and Peace, EICSP, Scottish Charity, SC038996,

4 William Black Place, South Queensferry,
Edinburgh, EH30 9PZ.

T: +44 (0) 131 331 4469
E: mesp2020@hotmail.com
E-List: eicsp.org/newsletters/eicsp-newsletter/
W: www.eicsp.org
Facebook: www.facebook.com/eicsp



- **The 2020 Edinburgh International Festival of Middle Eastern Spirituality and Peace, MESP, Saturday 7 March - Sunday 19 March 2020**

- **Festival Introduction and Welcome:**

From Saturday 7 March - Sunday 29 March 2020 the 17th Annual Edinburgh International Festival of Middle Eastern Spirituality and Peace, MESP 2020, will bring together people from a wide range of spiritual backgrounds, people working with peace, conflict, reconciliation and justice, educators, teachers, scholars and students, people from artistic and cultural backgrounds, people working with health, wellbeing and healing experiences and concerns, people from diverse cultures, traditions and communities, and people from across Scotland and internationally. More generally, everyone participates in an individual and non-representative capacity to allow people to draw upon their own experiences and to share their unique visions and perspectives, and people of all backgrounds who respect the Festival ethos are warmly invited to participate in this spiritual, educational, artistic and cultural and international festival which celebrates peace and mutual understanding.

- **Festival Organisation**

The Festival is jointly organised by the Edinburgh International Centre for Spirituality and Peace, EICSP, Scottish Charity, SC038996, and the Edinburgh Institute for Advanced Learning, EIAL, supported by their networking, planning, management and coordinating role. The Festival was co-founded by, and is co-directed by, Neill Walker and Neil Douglas-Klotz.

- **Festival Directors:**

Neill Walker and Neil Douglas-Klotz.

MESP 2020 Main Events

Saturday 7 March - Sunday 29 March 2020

For more detailed descriptions of all events please check www.mesp.org.uk

Saturday 7 March 2020 Day Workshop:

Rooting Ourselves Through Sound



Facilitator: **Rolf Billes.**

Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.

Time: Registration: 9.30am-10am.

Day Workshop: 10am-4.30pm.

Cost: £25/£20 (Concessions)/£10 (Students).

For a Registration Form:

Contact: Neill Walker,

mesp2020@hotmail.com, 0131 331 4469.

Saturday 14 March 2020 Day Workshop:

Exploring the Practices of The Realization Process



Facilitator: **Cindy Cunningham.**

Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.

Time: Registration: 9.30am-10am.

Day Workshop: 10am-4.30pm.

Cost: £25/£20 (Concessions)/£10 (Students).

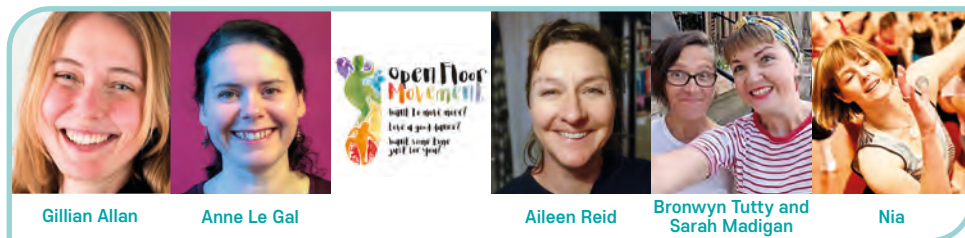
For a Registration Form:

Contact: Neill Walker,

mesp2020@hotmail.com, 0131 331 4469.

Sunday 15 March 2020 Afternoon and Evening Workshop:

Health, Wellbeing and Healing through Spiritual Dance and Movement



Facilitators: **Gillian Allan** and **Anne Le Gal** (Feldenkrais Method); **Aileen Reid** (Open Floor Movement); **Bronwyn Tutty** and **Sarah Madigan** (An introduction to Nia workshop with Freerwithnia).
Venue: Sanctuary, Augustine United Church, 41 George IV Bridge, Edinburgh, EH1 1EL.
Time: Registration: 3pm-3.30pm. Afternoon and Evening Workshop: 3.30pm-8.40pm.

Cost: £25/£20 (Concessions)/£10 (Students).

For a Registration Form:

Contact: Neill Walker, mesp2020@hotmail.com, 0131 331 4469.

Friday 20 March and Saturday 21 March 2020

Day and Two Evenings Workshop:

The Beatitudes in Aramaic – Taking a fresh look at Jesus' words we will travel deeply, through chant and very simple devotional dance, into the sounds and vibrations of the original Aramaic language



Facilitators: **Sarah Bonner-Morgan** and **Jenny Williams**.

Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.

Time: Registration: Friday Evening: 5.30pm-6pm.

Saturday Day: 9.30am-10am.

Saturday Evening: 4.15pm-4.45pm.

Event: Friday Evening: 6pm-8.45pm.

Saturday Day: 10am-4pm.

Saturday Evening: 4.45pm-7.30pm.

Cost: Friday Evening £10/£8 (Concessions)/£3 (Students).

Saturday Day: £25/£20 (Concessions)/£10 (Students).

Saturday Evening: £10/£8 (Concessions)/£3 (Students).

Attend All: £40/£32 (Concessions)/£12 (Students). For a Registration Form:

Contact: Neill Walker, mesp2020@hotmail.com, 0131 331 4469.

Sunday 22 March 2020 Walk:

16th Annual Mindful Peace Walk



Venue: Royal Botanic Garden Edinburgh, John Hope Gateway, Arboretum Place, Edinburgh, EH3 5NZ.
Time: 10am for 10.15am-11.15am meet at West Gate entrance to the John Hope Gateway, Arboretum Place.

Cost: Admission Free. Just come along on the day.

For further information:

Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Organisers: Jointly organised by the Edinburgh International Centre for Spirituality and Peace, EICSP, Scottish Charity, SC038996, and the Edinburgh Sangha of the Community of Interbeing.

Sunday 22 March 2020 Afternoon Workshop:

Bringing Stories to Life



Facilitator: **Edinburgh Playback Theatre.**
Venue: Sanctuary, Augustine United Church, 41 George IV Bridge, Edinburgh, EH1 1EL.
Time: Registration: 3.30pm-4pm.
Afternoon Workshop: 4pm-5.30pm.

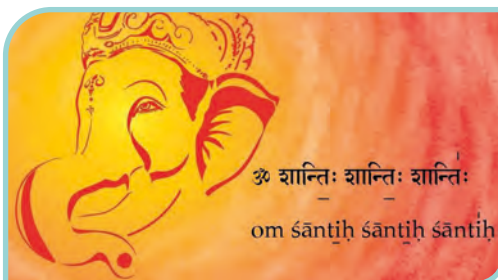
Cost: £6/£4 (Concessions)/£1 (Students).

For a Registration Form:

Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Sunday 22 March 2020 Evening Workshop:

Vedic Mantra Chanting and Kirtan



Facilitator: **Jeffrey Levin.**

Venue: Sanctuary, Augustine United Church, 41 George IV Bridge, Edinburgh, EH1 1EL.
Time: Registration: 6pm-6.30pm.
Evening Workshop: 6.30pm-8.30pm.

Cost: £6/£4 (Concessions)/£1 (Students).

For a Registration Form:

Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Saturday 28 March 2020 Day Workshop:

The Spiritual Essence of the Enneagram



Facilitator: **Ken Webb.**
Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.
Time: Registration: 9.30am-10am.
Day Workshop: 10am-5pm.

Cost: £25/£20 (Concessions)/£10 (Students).
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Sunday 29 March 2020 Afternoon and Evening Workshop:

Biodanza and Community - Return to Innocence: Blessings of Life through Dance



Facilitator: **Claire Lewis.**
Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.
Time: Registration: 3.30pm-4pm.
Afternoon and Evening Workshop: 4pm-7.45pm.

Cost: £10/£8 (Concessions)/£3 (Students).
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.



EICSP 2020 Events

Wednesday 8 January - Thursday 31 December 2020

Organised by, or jointly by, the Edinburgh International Centre for Spirituality and Peace,
EICSP, Scottish Charity, SC038996

For full descriptions of all events and for new events please check www.eicsp.org

Check www.eicsp.org for dates throughout the year *Gathering:*

Gatherings at Phyllida's Home



Venue: 13 A Inverleith Place Lane, Edinburgh, EH3 5QJ.
Time: Gathering: 6.30pm-8.30pm.

Cost: Admission Free. Advance Booking Required.
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Weekly on Wednesdays, beginning 8 January 2020 *Evening Workshop Series:*

Living Peace: Peace in Myself, Peace with Others



Facilitator: **Alice Fateah Saunders.**

Venue: Salisbury Centre,
2 Salisbury Road, Edinburgh, EH16 5AB.
Time: Evening Workshop: 6.30pm-7.30pm.

Cost: Suggested donation £4-£6.
Contact: Alice Fateah Saunders: alicefateah@btinternet.com

Organiser: Jointly organised by the Edinburgh International Centre for Spirituality and Peace, EICSP, Scottish Charity, SC038996, and the Salisbury Centre.

**The fourth Saturday of the month: 25 January, 22 February, and 28 March 2020
(and possibly continuing) *Afternoon Workshop Series:***

Living Peace

Facilitator: **Alice Fateah Saunders.**

Venue: The Yoga Tree (1st floor), 4 King Street, Stirling, FX8 1AY.

Time: Afternoon Workshop: 2pm-4pm.

Cost: Suggested donation £10.

Contact: Martin McCrae (bookings):

rosmartin27@gmail.com,

Alice Fateah Saunders: alicefateah@btinternet.com



Organiser: Organised by Martin McCrae and supported by the Edinburgh International Centre for Spirituality and Peace, EICSP, Scottish Charity, SC038996.

Saturday 1 February 2020 *Day Workshop:*

Dances of Universal Peace



Facilitator: **Dominic Ashmole.**

Venue: Sanctuary, Augustine United Church,

41 George IV Bridge, Edinburgh, EH1 1EL.

Time: Registration: 9.30am-10am.

Day Workshop: 10am-4.30pm.

Cost: £25/£20 (Concessions)/£10 (Students).

For a Registration Form:

Contact: Neill Walker,

mesp2020@hotmail.com, 0131 331 4469.

Saturday 15 February 2020 *Kirtan:*

OM You Can Love: St Valentine's Mantra Party



Venue: OM Sweet OM,

1st Floor, 46 Oswald St, Glasgow, G1 4PL.

Time: 6pm-10pm.

Cost: £10, £5 for students and unwaged.

Contact: scotlandkirtan@gmail.com, 07726688778.

Jointly organised by the Edinburgh International Centre for Spirituality and Peace, EICSP, Scottish Charity, SC038996, and ISKCON Scotland, Scottish Charity, SC001127.

Saturday 22 - Sunday 23 February 2020 *2-Day Retreat:*

Transforming Your Communication Challenges, A Nonviolent Communication Foundation Training Course



Facilitator: **Roz Adams.**
Venue: Studio, Salisbury Centre,
2 Salisbury Road, Edinburgh, EH16 5AB.
Time: Registration: 9.30am-10am.
Retreat Days: 10am-5pm.

Cost: £175 for individuals paying for themselves;
£210 if you can set the cost against tax;
£215 for charitable organisations; £255 public sector organisations;
£340 private sector organisations.

For a Registration Form: Contact: Neill Walker, mesp2020@hotmail.com, 0131 331 4469.

Saturday 29 February 2020 *Symposium and Roundtable:*

The Dark Side of Meditation: Understanding and overcoming difficulties on spiritual paths and in mindfulness practice

Venue: Violet Laidlaw Room, Chrystal Macmillan Building, University of Edinburgh,
15A George Square, Edinburgh, EH8 9LD.
Time: Registration: 12.30pm-1pm. Symposium and Roundtable: 1pm-5.30pm.

Cost: £5/£3 (Concessions).

For a Registration Form: Contact: Christine Kupfer, christinekupferx@gmail.com



Friday 20 - Sunday 22 March 2020 *Silent Retreat:*

The Light of the Soul



Facilitator: **Saki Lee.**
Venue: Allanton Peace Sanctuary,
Auldirth, Dumfries, DG2 0RY.
Times: Retreat begins on Friday 20 March at 6.30pm
with evening meal and finishes on Sunday 22 March with lunch.

Cost: £225 (on site/shared room):
£170 (own accommodation, lunch and evening meal on site included).

To secure your place, please send £50 deposit (refundable until 1 February 2020).
Contact: Anna Keith: anna.keith.ja@gmail.com

Sunday 5 April 2020 *Afternoon and Evening Workshop:*

Rivers of Grief: Experiential Gathering - Journeying into the Heart of Grief



Facilitator: **Phyllida Anam-Aire.**

Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.

Time: Registration: 3.30pm-4pm.

Afternoon and Evening Workshop: 4pm-8.45pm.

Cost: £25/£20 (Concessions)/£10 (Students).

For a Registration Form:

Contact: Neill Walker,

mesp2020@hotmail.com, 0131 331 4469.

Saturday 18 April 2020 *Day Conference:*

Place, Place-making, and Place-makers: Spiritual, Cultural, Physical, Functional, and Integral Perspectives



Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.

Time: Registration: 9.30am-10am.

Day Conference: 10am-5pm.

Cost: £10/£8 (Concessions)/£3 (Students).

For a Registration Form:

Contact: Neill Walker,

mesp2020@hotmail.com, 0131 331 4469.

Thursday 23 April - Sunday 26 April 2020 *Retreat:*

The Dance of Life: Meeting Our Selves on the Path



Facilitators: **Tasnim Fernandez** and **Neil Douglas-Klotz.**

Venue: Allanton Peace Sanctuary,
Auldgirth, Dumfries, DG2 0RY.

Times: Retreat begins on Thursday 23 April 2020 at 6.30pm
with dinner and finishes on Sunday 26 April 2020 with lunch.

Contact: Jannat Granger (re. bookings),

jannat@janetgranger.co.uk, +44 (01538) 308860.

Stella Cranwell (re. accommodation information and diets),
skcranwell@hotmail.com,

+44 (01738) 636842 / Mobile 0794 7189739.

Saturday 25 - Sunday 26 April 2020 *2-Day Retreat:*

Uncovering the Essence: The Journey of Spiritual Awakening

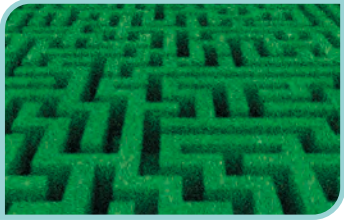


Facilitator: **Steve Taylor**.
Venue: Studio, Salisbury Centre,
2 Salisbury Road, Edinburgh, EH16 5AB.
Time: Registration: 9.30am-10am.
Retreat Days: 10am-5pm.

Cost: £100/£80 (Concessions).
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Saturday 2 May 2020 *Walk:*

A Labyrinth Peace Walk (World Labyrinth Day)



Venue: Polwarth Parish Church,
36-38 Polwarth Terrace, Edinburgh, EH11 1LU.
Time: Walk: 1pm.
Please arrive at 12.15pm
to given time for stillness and reflection before walking.

Cost: Free.
Contact: Margaret, labyrinth@polwarth.org.uk

Sunday 3 May 2020 *Afternoon and Evening Workshop:*

Human Design (TAP: Type, Authority and Profile): A gateway into understanding how you are designed to operate in the world, your life's purpose, and how to make decisions



Facilitator: **Zain Kurdi**.
Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.
Time: Registration: 3.30pm-4pm.
Afternoon and Evening Workshop: 4pm-8pm.

Cost: £25/£20 (Concessions)/£15 (Students).
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Saturday 9 May 2020 Day Conference:

Re-Purposing Our Built Environment and Our Inner Environment: Spirituality at Work in Renovation, Renewal, and Rehabilitation



Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.
Time: Registration: 9.30am-10am.
Day Conference: 10am-5pm.

Cost: £10/£8 (Concessions)/£3 (Students).
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Wednesday 13 May, 24 June, 9 September, and 30 September 2020 Evening Workshop Series:

Dances of Universal Peace

Facilitator: **Dominic Ashmole**.
Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.
Time: Registration: 5.30pm-6pm.
Evening Workshop: 6pm-8.45pm.

Cost: £10/£8 (Concessions)/£3 (Students) for each workshop.
£35/£30 (Concessions)/£10 (Students) for the series of 4 workshops.
For a Registration Form:
Contact: Neill Walker, mesp2020@hotmail.com, 0131 331 4469.



Saturday 16 - Sunday 17 May 2020 2-Day Retreat:

Welcoming my Ego or Earthmind into the Warm Holding of my Heart



Facilitator: **Phyllida Anam-Aire**.
Venue: Studio, Salisbury Centre,
2 Salisbury Road, Edinburgh, EH16 5AB.
Time: Registration: 9.30am-10am.
Retreat Days: 10am-5pm.

Cost: £100/£80 (Concessions).
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Wednesday 20 May 2020 Talk/Forum:

Spirituality and Nuclear Weapons: The Spiritual, Ethical, Legal, Political, and Practical Response to Humanity's Greatest Threat



Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.
Time: Registration: 6.30pm-7pm.
Talk/Forum: 7pm-8.45pm.

Cost: £5/£3 (Concessions)/£1 (Students).
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Saturday 23 May 2020 Day Conference:

Wellbeing: Spiritual, Emotional, Psychological, Social, Political, Physical, and Medical Perspectives: Beyond Happiness, en route to Well-becoming



Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.
Time: Registration: 9.30am-10am.
Day Conference: 10am-5pm.

Cost: £10/£8 (Concessions)/£3 (Students).
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Saturday 30 May 2020 *Kirtan:*

Edinburgh 8 Hour Maha Mantra Kirtan



Venue: St Columba's by the Castle,
14 Johnston Terrace (blue door), Edinburgh, EH1 2PW.
Time: 11am-7pm.

Cost: £10, £5 for students and unwaged.
Contact: scotlandkirtan@gmail.com, 07726688778.

Organisers: Jointly organised by the Edinburgh International Centre for Spirituality and Peace, EICSP, Scottish Charity, SC038996, and ISKCON Scotland, Scottish Charity, SC001127.

Wednesday 10 June 2020 *Talk/Forum:*

Domestic Abuse and Gender-based Violence: Spiritual, Social, and Policy Perspectives



Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.
Time: Registration: 6.30pm-7pm.
Talk/Forum: 7pm-8.45pm.

Cost: £5/£3 (Concessions)/£1 (Students).
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Sunday 14 June 2020 *Walk:*

Mindful Peace Walk



Venue: Lauriston Castle,
2 Cramond Road South, Edinburgh. EH4 6AD.
Time: 12 noon.
Gather in front of Lauriston Castle for 12 noon.

Cost: Admission Free. Just come along on the day.
For further information:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Organisers: Jointly organised by the Edinburgh International Centre for Spirituality and Peace, EICSP, Scottish Charity, SC038996, and the Edinburgh Sangha of the Community of Interbeing.

Wednesday 17 June 2020 Talk:

An Evening with Alastair McIntosh: In our Doom is our Dharma: Climate Change and Consciousness



Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.
Time: Registration: 6.30pm-7pm.
Talk: 7pm-8.45pm.

Cost: £6/£4 (Concessions)/£2 (Students).
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Thursday 18 June 2020 Talk:

An Evening with Prof Sophie Grace Chappell



Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.
Time: Registration: 6.30pm-7pm.
Talk: 7pm-8.45pm.

Cost: £5/£3 (Concessions)/£1 (Students).
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Sunday 21 June 2020 Festival:

22nd International World Peace Festival



Facilitator: **May Peace Prevail On Earth International**
(Formerly The World Peace Prayer Society), supported by
Edinburgh International Centre for Spirituality and Peace,
EICSP, Scottish Charity, SC038996.
Venue: Allanton World Peace Sanctuary,
Auldgirth, Dumfriesshire, DG2 0RY, Scotland.
Time: 2pm-6pm.

Cost: Admission Free.
Contact: www.allantonpeacesanctuary.org,
Allanton World Peace Sanctuary, 01387 740642,
hello@allantonpeacesanctuary.org

Saturday 27 June 2020 Afternoon Workshop and Talk:

Afternoon Workshop and An Evening with Satish Kumar

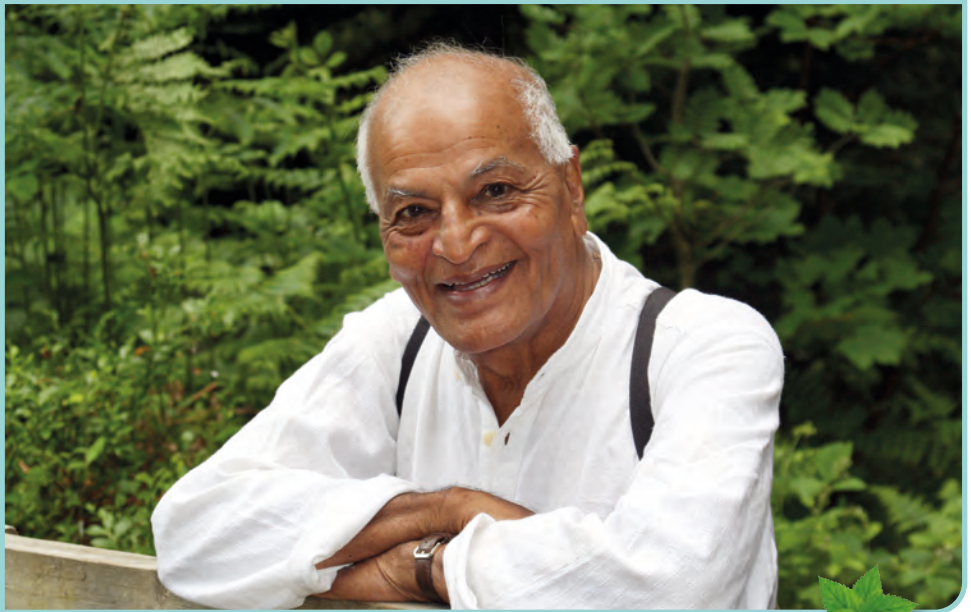
Afternoon Workshop:

Bringing Justice to the Food Systems of the Future

An Evening with Satish Kumar:

What Works and What Doesn't Work:

Resources for Living in a Time of Ecological Crisis



Facilitator: **Satish Kumar.**

Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.

Time: Registration: 1.30pm-2pm.

Afternoon Workshop: 2pm-4.30pm.

Registration: 6.15pm-6.45pm.

An Evening with Satish Kumar: 6.45pm-8.45pm.

Cost: Afternoon Workshop: £30/£25 (Concessions)/£10 (Students).

An Evening with Satish Kumar: £12/£10 (Concessions)/£4 (Students).

Afternoon plus Evening: £40/£33 (Concessions)/£12 (Students).

For a Registration Form:

Contact: Neill Walker,

mesp2020@hotmail.com, 0131 331 4469.

Thursday 10 September 2020 *Discussion:*

Mystics Meet



Facilitators: **Andrew Harvey** and **Raven Sinclair**.

Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.

Time: Registration: 6pm-6.30pm.

Discussion: 6.30pm-8.30pm.

Cost: £10/£8 (Concessions)/£3 (Students).

For a Registration Form:

Contact: Neill Walker,

mesp2020@hotmail.com, 0131 331 4469.

Sunday 13 September 2020 *Day Workshop:*

Saving the Planet begins Here



Facilitator: **Sister Ajahn Candasiri**.

Venue: Studio, Salisbury Centre,
2 Salisbury Road, Edinburgh, EH16 5AB.

Time: Registration: 9.30am-10am.

Day Workshop: 10am-5pm.

Cost: £30/£25 (Concessions).

For a Registration Form:

Contact: Neill Walker,

mesp2020@hotmail.com, 0131 331 4469.

Wednesday 16 September 2020 *Talk/Forum:*

The Climate, Animal, and Ecological Emergency: Individual Commitments and System Change: Perspectives from Spirituality, Food and Food Production, and Fossil Fuels



Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.

Time: Registration: 6.30pm-7pm.

Talk/Forum: 7pm-8.45pm.

Cost: £5/£3 (Concessions)/£1 (Students).

For a Registration Form:

Contact: Neill Walker,

mesp2020@hotmail.com, 0131 331 4469.

Sunday 20 September 2020 *Afternoon and Evening Workshop:*

Gutha: Celtic Mantras



Facilitator: **Phyllida Anam-Aire.**

Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.

Time: Registration: 3.30pm-4pm.

Afternoon and Evening Workshop: 4pm-8pm.

Cost: £25/£20 (Concessions)/£10 (Students).

For a Registration Form: Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Saturday 26 September 2020 *Day Workshop:*

The Alexander Technique



Facilitator: **Linda Wyman.**

Venue: Studio, Salisbury Centre,
2 Salisbury Road, Edinburgh, EH16 5AB.

Time: Registration: 9.30am-10am.

Day Workshop: 10am-5pm.

Cost: £40/£30 (Concessions).

For a Registration Form: Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Sunday 4 October 2020 *Afternoon and Evening Workshop:*

Changing States: Developing Artful Ecological Practice for Well Being and Resilience

Exploring Creativity, Embodiment, and Restorative Practice to generate inner and outer resources through movement and somatic practice, mark making/drawing, writing, and sharing.



Facilitator: **Audicia Lynne Morley.**

Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.

Time: Registration: 3.30pm-4pm.

Afternoon and Evening Workshop: 4pm-8.45pm.

Cost: £25/£20 (Concessions)/£10 (Students).

For a Registration Form: Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Thursday 8 October 2020 *Talk/Forum:*

Transforming Masculinities: Towards Healthy Masculinities for Personal, Relational, and Societal Health and Wellbeing



Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.
Time: Registration: 6.30pm-7pm.
Talk/Forum: 7pm-8.45pm.

Cost: £5/£3 (Concessions)/£1 (Students).
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Saturday 10 October 2020 *Day Conference:*

***Community in the Twenty-first Century -
Our Common Ground, Our Rekindling Spirit, Our Collective World:
Towards Communities of Well-being and Well-becoming -
Personal, Inter-personal, and Trans-personal***

Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.
Time: Registration: 9.30am-10am.
Day Conference: 10am-4.30pm.

Cost: £10/£8 (Concessions)/£3 (Students).
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.



Sunday 11 October 2020 Walk:

Mindful Peace Walk



Venue: Saughton Park and Gardens,
Balgreen Road, Edinburgh, EH11 3BQ.

Time: 12 noon.

Gather in front of the Bandstand for 12 noon.

Cost: Admission Free. Just come along on the day.

For further information:

Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Organisers: Jointly organised by the Edinburgh International Centre for Spirituality and Peace, EICSP, Scottish Charity, SC038996, and the Edinburgh Sangha of the Community of Interbeing.

Saturday 17 - Sunday 18 October 2020 2-Day Retreat:

Sacred Family Constellations and Celtic Healing of the Family Tree



Facilitators: **Phyllida Anam-Aire** and **Jolanda Marks**.

Venue: Studio, Salisbury Centre,
2 Salisbury Road, Edinburgh, EH16 5AB.

Time: Registration: 9.30am-10am.

Retreat Days: 10am-5pm.

Cost: £100/£80 (Concessions).

For a Registration Form:

Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.



Saturday 24 October 2020 *Day Conference:*

Ecological Grief, Hope, and Transitioning Towards an Ecological Civilization: Spiritual, Ethical, Social, and Political Responses to Climate and Ecological Emergency, Environmental Degradation, and Species Extinction



Venue: Sanctuary,
Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.
Time: Registration: 9.30am-10am.
Day Conference: 10am-5pm.

Cost: £10/£8 (Concessions)/£3 (Students).
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Sunday 25 October 2020 *Day Workshop:*

The Way of Embodied Imagination



Facilitator: **Mike Wilson.**
Venue: Studio, Salisbury Centre,
2 Salisbury Road, Edinburgh, EH16 5AB.
Time: Registration: 9.30am-10am.
Day Workshop: 10am-4pm.

Cost: £50. For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Saturday 31 October 2020 *Day Conference:*

Spiritualities:

*Person-centric, Community-centric, Earth-centric, and Cosmo-centric Spiritualities
(person vis-a-vis individual; community vis-a-vis constellation;
Earth vis-a-vis Gaia; Cosmos vis-a-vis Kosmos)*



Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.
Time: Registration: 9.30am-10am.
Day Conference: 10am-5pm.

Cost: £10/£8 (Concessions)/£3 (Students).
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Thursday 5 November 2020 *Talk/Forum:*

Towards a Wellbeing Economy



A Reflection on Building a Wellbeing Economy:
What has worked, what doesn't, and where
next for the movement?

Speaker: **Dr Katherine Trebeck**, Policy and
Knowledge Lead for the Wellbeing Economy
Alliance.

Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.
Time: Registration: 6.30pm-7pm.
Talk/Forum: 7pm-8.45pm.

Cost: £5/£3 (Concessions)/£1 (Students).
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Saturday 7 - Sunday 8 November 2020 *2-Day Retreat:*

The Inner Quest:

Exploring the Sacred Dimensions of Body, Energy, Intention, and Bliss



Facilitator: **Sara Trevelyan.**

Venue: Studio, Salisbury Centre,
2 Salisbury Road, Edinburgh, EH16 5AB.

Time: Registration: 9.30am-10am.

Retreat Days: 10am-5pm.

Cost: £100/£80 (Concessions).

For a Registration Form:

Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Thursday 12 November 2020 *Talk/Forum:*

The Spiritual and Ethical Challenge of AI, Trans-Humanism, and the Post-Human World



Venue: Sanctuary,
Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.
Time: Registration: 6.30pm-7pm.
Talk/Forum: 7pm-8.45pm.

Cost: £5/£3 (Concessions)/£1 (Students).
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Sunday 22 November 2020 Day Workshop:

Rebirthing into Love - Healing Gongs and Kundalini Yoga



Facilitator: **Kasia Winiarczyk.**
Venue: Studio, Salisbury Centre,
2 Salisbury Road, Edinburgh, EH16 5AB.
Time: Registration: 9.30am-10am.
Day Workshop: 10am-5pm.

Cost: £40.
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Saturday 28 November 2020 Day Conference:

Love into Action:

***Towards a Culture and a Politics of Love, Compassion, Dignity, and Respect -
Loving, Compassionate, Dignified, and Respectful Individuals, Relations,
Communities, Cities, and Nations -
With reference to the United Nations Sustainable Development Goals
and the Scottish National Performance Framework***



Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.
Time: Registration: 9.30am-10am.
Day Conference: 10am-5pm.

Cost: £10/£8 (Concessions)/£3 (Students).
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Sunday 29 November 2020 *Play and Afternoon and Evening Workshop:*

A Celtic Song of Dying



Facilitator: **Phyllida Anam-Aire.**

Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.

Time: Registration: 3.30pm-4pm.

Afternoon and Evening Workshop: 4pm-8.45pm.

Cost: £25/£20 (Concessions)/£10 (Students).

For a Registration Form:

Contact: Neill Walker,

mesp2020@hotmail.com, 0131 331 4469.

Saturday 5 December 2020 *Day Conference:*

Intergenerational Leadership: Planting Seeds, Harvesting Community - Honouring the Ancestors, Nurturing the Present, Seeding the Future



Venue: Sanctuary, Augustine United Church,
41 George IV Bridge, Edinburgh, EH1 1EL.

Time: Registration: 9.30am-10am.

Day Conference: 10am-5pm.

Cost: £10/£8 (Concessions)/£3 (Students).

For a Registration Form:

Contact: Neill Walker,

mesp2020@hotmail.com, 0131 331 4469.

Saturday 12 December 2020 *Day Conference:*

Trauma:

The Psycho-Spiritual Understanding and Transformation of Trauma: Healing our Individual and Collective Trauma and Restoring our Souls



Venue: Sanctuary,
Augustine United Church,
41 George IV Bridge,
Edinburgh, EH1 1EL.
Time: Registration: 9.30am-10am.
Day Conference: 10am-5pm.

Cost: £10/£8 (Concessions)/£3 (Students).
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.

Saturday 19 - Sunday 20 December 2020 *2-Day Men-only Retreat:*

The Prodigal Son Coming Home to Himself: How men squander their emotions for social success



Facilitator: **Phyllida Anam-Aire.**
Venue: Phyllida's Home,
13 A Inverleith Place Lane,
Edinburgh, EH3 5QE.
Time: Registration: 9.30am-10am.
Retreat Days: 10am-5pm.

Cost: £100/£80 (Concessions).
For a Registration Form:
Contact: Neill Walker,
mesp2020@hotmail.com, 0131 331 4469.



Thursday 31 December 2020

Edinburgh Hogmanay Kirtan Celebration:

***Intoxication Free, Children friendly
celebration of New Year's Eve***

***Venue: Old Saint Paul's Episcopal Church Hall,
39 Jeffrey Street, Edinburgh, EH1 1DH.***

Time: 7pm-11pm.

***Cost: £10, £5 for students, unwaged and under 18s,
Kids 12 and under go free. Everyone Welcome.***

Contact: scotlandkirtan@gmail.com, 07726688778.

EICSP
Edinburgh International Centre
for Spirituality and Peace



Edinburgh International Festival of
MESP
Middle Eastern Spirituality and Peace

THE 2021 MIDDLE EAST FESTIVAL

The 2021 Middle East Festival will be held in March 2021.
Those who would like to consider becoming involved
can contact:

Neill Walker,
mesp2020@hotmail.com, 0131 331 4469



Royal
Botanic Garden
Edinburgh

